

# California's Health Plans Are on Your Side

Health plans are working every day to make high-quality health care more affordable for Californians

## Did You Know?

### Health Care Premiums are Directly Tied to Medical Costs

Health care costs like prescription drugs, x-rays, medical supplies, and provider and hospital costs are directly tied to what Californians pay for health care, but health plans are working to keep these costs affordable for their members.

- Health plans are [picking up the tab for their members' prescription drugs](#), covering over **90% of basic medications**, and **97% of the cost** of more expensive specialty drugs.
- The majority of health plan spending goes toward medical care, and in 2019, health plans spent more than \$172 billion, or **86 cents out of every premium dollar**, on medical care.
- California health plans have increased access to free and low-cost [wellness and prevention services](#), because regular preventative services keep Californians healthy and make it less likely for expensive emergency visits to occur.
- Health plans continuously drive affordability for members by aggressively [negotiating rates](#) with providers such as hospitals, doctors and drug companies.
- Health plans are committed to tackling the high cost of prescription drugs by [advocating for policies](#) that will bring down prices for consumers.

## Did You Know?

### California's Health Plans Support Efforts that Bring California Closer to Closing the Uninsured Gap

As California gets closer to universal coverage, health care will become more affordable for all.

- Health plans supported the expansion of Medi-Cal coverage to more undocumented Californians.
- Health plans supported the American Rescue Plan and the expansion of the Affordable Care Act.

## Did You Know?

### Health Plans are Helping to Create More Equitable Health Outcomes for Californians

Health plans are [implementing programs and initiatives](#) for our most vulnerable members to help them lead healthier lives. These efforts include:

- Partnering with local community organizations
- Providing culturally competent care
- Targeting systemic inequities

